



Workshops on seasonal food availability and diversification for climate change resilience

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IFAD-EU NUS Steering Committee Meeting and Workshop

The need to diversify: climate adaptation

- Literature points to diversification as a key strategy to build resilience against climate change
- There is little information to guide farmers or NGOs on how to diversify their production systems (with what/how)
- NUS are allies for diversification but which ones?
- Developing a simple framework/tool to assess major gaps in the resilience portfolio of farm systems and identify crops that can support adaptation

The need to diversify: nutrition

- Literature also points to diversification as a critical action to enhance nutrition of food systems
- Production of more nutrient-dense foods and less staple cereals
- NUS can support better nutrition in seasons of shortage for important food groups
- In the project, we are looking to promote our target staples in a whole-of-diet approach, in recipes that include other locally available NUS (i.e. not just millets or fonio as the key to good nutrition)

Diversification with NUS to address diet and resilience gaps

- Project is following a two-prong approach to perform intensive value chain interventions for target NUS identified at the start of project, while investigating other local NUS that would be relevant to enhance nutrition and climate change adaptation
- Workshops this summer have been conceived to help in identifying such local NUS, while testing tools and approaches that are being developed for wider application
 - Tanvi (thesis) and Gennifer in India
 - Dunja and Gaia in Mali
 - Rose (thesis) in Guatemala

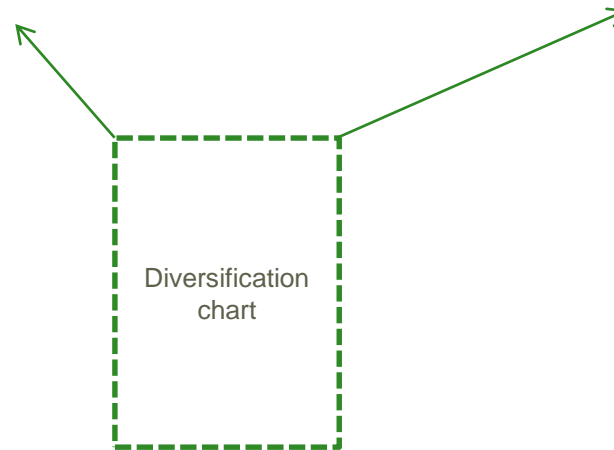
Workshop flow: Diversification for adaptation

1. Understanding climate change and identifying major stresses
- **Historical timeline**
- **Seasonal calendar**

2. Presentation of diversification options with respect to identified stresses

3. Assessing resilience functions at the landscape, species and variety levels.
- **Mapping**
- **Species characterization**
- **Variety characterization**

4. Evaluation of diversification options and strategies

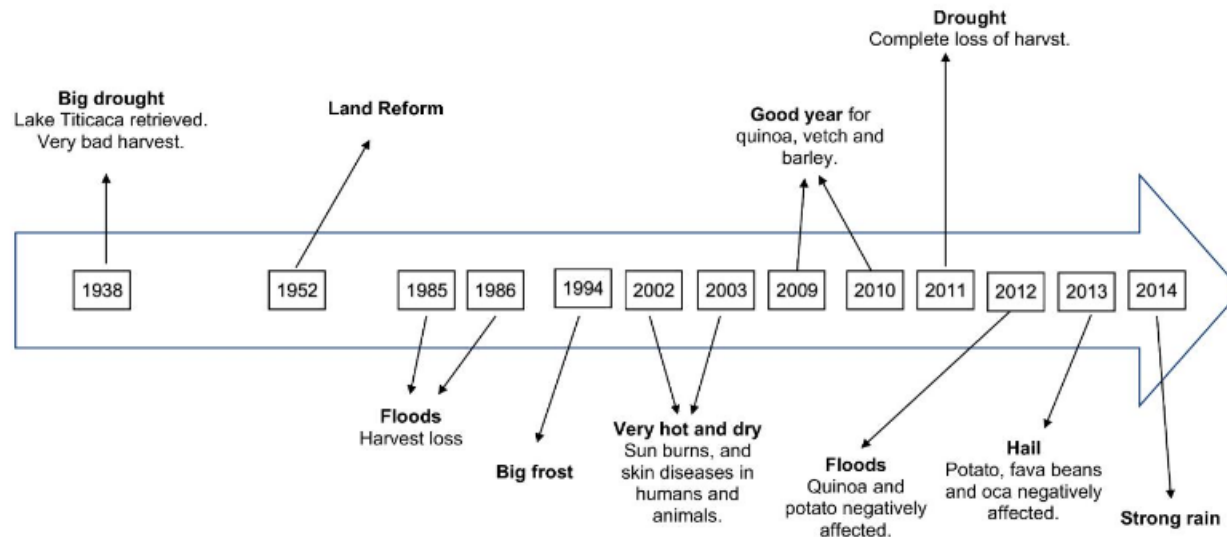


Workshop flow

1. Understanding farmers' perceptions and experience of climate change

Climate change timeline

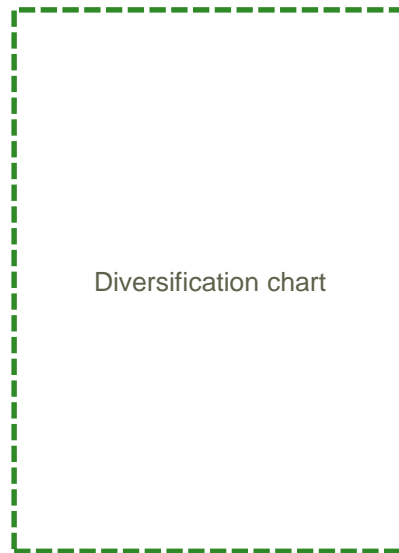
Seasonal calendar



Workshop flow

2. Presentation of diversification options with respect to identified stresses

Use the chart to present how different diversification options can help address identified stresses



Agrobiodiversity-rich practices for resilience

| Practices | Contribution to resilience |
|--|--|
| Increasing land use/cover diversity | |
| Land-use mosaic | - Flood regulation |
| Community institutions for ecosystem (wetland, forest, riparian areas) protection, e.g. sacred forests | - Drought mitigation |
| | - Storm moderation |
| Grazing and fishing plans | - Soil erosion control |
| Restoration activities (e.g. tree planting) | - Recovery after extreme events |
| Diversification of cropping and production systems | |
| Intercropping, rotation and cover crops | - Moderating the effects of extreme weather events and irregular rainfall patterns |
| Agroforestry | - Pest and disease control |
| Integrated crop-livestock production | - Soil erosion control |
| Cultivation of species with traits such as early maturing, drought tolerance, pest tolerance and diseases resistance | - Improved soil productivity |
| | - Fodder and shade for animals |
| Increasing crop varietal diversity | |
| Planting multiple varieties | - Adaptation to climate-related stresses |
| Planting varietal mixtures | - Moderating the effects of extreme weather events and irregular rainfall patterns |
| Use of varieties with traits such as early maturing, drought tolerance, pest tolerance and diseases resistance | - Pest and disease control |

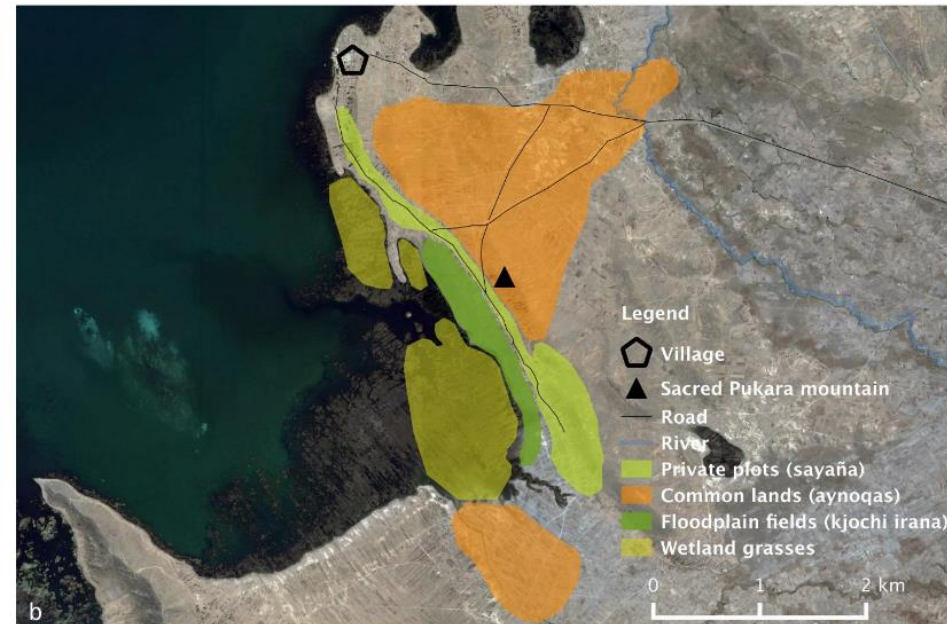
Workshop flow

3. Assessing resilience functions at the landscape, species and variety levels

- Mapping land use
- Assessing species portfolio
- Assessing varietal portfolios

Participatory mapping

| Land uses/cover | Resilience functions | | | | | | |
|------------------|----------------------|------------------------------|--------------------|------------------|----------------------|--------------------------|-------|
| | Water sources | Wild foods, fodder, medicine | Drought mitigation | Flood regulation | Soil erosion control | Pest and disease control | Other |
| Forest | √√ | √√ | √ | √ | √ | √ | |
| Garden | | | | | | | |
| Permanent fallow | √ | | | √ | | √ | |
| Crop fields | | | | | | | |
| Village | | | | | | | |



Source for map: Platform for Agrobiodiversity Research

Crop evaluations

| Land uses/cover | Resilience functions | | | | | | |
|------------------|----------------------|---|-----------------|--------------------|---------------------------|----------------------------|------------------|
| | Drought tolerance | Tolerance to intense rainfall events and storms | Pest resistance | Disease resistance | Adaptability to poor soil | Soil fertility enhancement | Income provision |
| Cereals | | | | | | | |
| Sorghum | | | | | | | |
| Millet | | | | | | | |
| Fonio | | | | | | | |
| Pulses | | | | | | | |
| Cowpea | | | | | | | |
| Peanut | | | | | | | |
| Voandzou | | | | | | | |
| Livestock | | | | | | | |
| Bees | | | | | | | |
| Chickens | | | | | | | |
| Cows | | | | | | | |

Variety evaluations

| Land uses/cover | Resilience functions | | | | | | |
|-----------------|----------------------|---|-----------------|--------------------|---------------------------|----------------------------|------------------|
| | Drought tolerance | Tolerance to intense rainfall events and storms | Pest resistance | Disease resistance | Adaptability to poor soil | Soil fertility enhancement | Income provision |
| Sorghum | | | | | | | |
| Variety 1 | | | | | | | |
| Variety 2 | | | | | | | |
| Variety 3 | | | | | | | |
| Cowpea | | | | | | | |
| Variety 1 | | | | | | | |
| Variety 2 | | | | | | | |
| Variety 3 | | | | | | | |
| Millet | | | | | | | |
| Variety 1 | | | | | | | |
| Variety 2 | | | | | | | |
| Variety 3 | | | | | | | |

Workshop flow

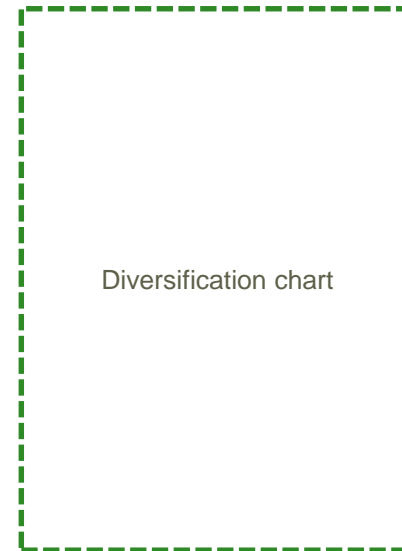
4. . Evaluation of diversification options and strategies

Which crops stand out as resistant to climate stresses faced?

How could they be leveraged to enhance adaptation?

Portfolio designs: ensuring multiple functions covered

Where are gaps in the portfolio?



Workshops: Seasonal availability of foods

Simpler than those focused on resilience

Working by food group, evaluating availability of different foods

Also can evaluate storage, source of foods

Question whether to focus initially on season diet patterns or seasonality in crops in the field, but ultimately will come to same result























| Food | Jan | Feb | Mar | April | May | June | July | Aug | Sept | Oct | Nov | Dec |
|-------------|-----|-----|-----|-------|-----|------|------|-----|------|-----|-----|-----|
| Chinsasi | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| Chizovu | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| Mandimu | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| Ifungo | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| Wotola | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| magwungulu | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| magwigwi | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| magwasa | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| mapapya | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| takapera | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| maraji | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| olenji | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| Ishunguti | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| amatobo | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| Isungwa | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| masukumpini | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| Nthumbusa | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| Isungwa | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| Mlewe | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| Namkonda | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| Anstone | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| Tutorungwa | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |

Credit: Molly Ahern, Chitipa, Malawi

Objective

How can we ensure availability of NUS from under-consumed food groups all year round

1. Documenting availability
2. Options to increase availability (seasonally)
3. Facilitate planning of production to ensure seasonal availability.

| | | tháng 1 | tháng 2 | tháng 3 | tháng 4 | tháng 5 | tháng 6 | tháng 7 | tháng 8 |
|--|---|---|---|---|---------|---------|---------|---|---------|
| Rau lá xanh đậm | | | | | | | | | |
| Cải xanh (trắng và ăn quanh năm) |  |   | | | | | | | |
| Rau ngọt (ăn quanh năm) |  |  | |   | | | |  | |
| Rau muống (ăn quanh năm) |  |  | |   | | | |  | |
| Mồng tơi (tháng 2 - tháng 7) |  | |   |   | | | |  | |
| Rau củ quả giàu vitamin A | | | | | | | | | |
| Đu đủ (trắng và ăn quanh năm) |  |   | | | | | | | |



GFRAS brief

Developing approach for prioritizing and leveraging NUS for nutrition as a brief for GFRAS -Global Forum for Rural Advisory Services

The Global Good Practices (GGP) Initiative was initiated by GFRAS partners to provide a knowledge platform for practitioners, in which theoretical and practical know-how on extension and practical experiences is collected and systematised in an easily accessible and usable form as a public good. It is aimed at field extension agents and managers. The collection of GGP Notes on these pages is continuously enlarged and updated.

Project outputs/indicators

- 3-5 improved, stress-tolerant crops per country with market potential **identified** and used by women and men farmers and other value-chain actors in target communities
- At least 3 to 5 projects adopting methods and tools developed by the Programme
- 300-500 farmers per country, of which at least 40% women, from target communities **enabled to document** stress tolerant crops for their better use in their production systems
- At least 30% **increase in demand, over baseline, for nutritious crops/products** of stress-tolerant crops in local markets linked to target sites

Thank you

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