EXAMINING THE AGRONOMIC AND NUTRITIONAL PROPERTIES OF TARGET CROPS

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Victoria Rose



METHODS

- General features
- Nutritional value
 - Food Composition Tables
 - Anti-nutrients
- Common recipes
- Fact sheets
- Literature reviews
- Food composition tables
- Webpages

FINDINGS-BAMBARA GROUNDNUT

Opportunities

- Contains enough carbohydrate, fat, and protein to be considered a complete food
- Red-colored seeds for iron deficiency
- Preparation of flour to add nutrient value
- Income opportunity

- Perception as a "poor man's crop"
- Anti-nutrients
- Processing

FINDINGS—**FONIO**

Opportunities

- Fast-maturing
- Harvested before the dry season
- Holds high market price
- Nutrient-dense

- Low-yield
- Processing
- Anti-nutrients

FINDINGS-KODO AND KUTKI MILLET

Opportunities

- Rich in a variety of nutrients
- Kodo millet among the most drought tolerant of minor millets
- Able to adapt to poor-fertility soil

- Lack of high-yielding varieties
- Anti-nutrients
- Lack of processing equipment

FINDINGS-CHAYA

Opportunities

Challenges

- Can grow in low-light, nonirrigated and poor soil conditions
- Excellent source of nutrients
- Medicinal properties

• Anti-nutrients

FINDINGS-TEPARY BEAN

Opportunities

- Good source of protein
- More drought tolerant than other beans

- Lack of information
- Anti-nutrients
- Long cooking time

NUS COMMUNITY WEBPAGES

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The NUS Community is a platform for sharing research results, development news and policy advice regarding the use and conservation of neglected and underutilized species. It aims to support research and promote the use of neglected and underutilized crops and trees to strengthen food security, build more resilient, climate-smart agriculture, and empower people through income generation and revitalized local food culture. Find out more about who we are and the important role of neglected and underutilized species in the following pages:



The NUS Community

A platform sharing research results, development news and policy advice on the use and conservation of neglected and underutilized species.



Neglected and Underutilized Species

Thousands of edible plant species have been cultivated and collected by humans throughout history but modem agriculture is dominated by just a handful of crops. The plants overlooked by agricultural development could be critical to better nutrition, sustainability and poverty

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http://www.nuscommunity.org/about-us/