

The use of artisanal popping machines in Andean countries causes lead contamination of expanded grain products

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### CATALOGO DE FUNCIONAMIENTO DEL CAÑÓN EXPANSOR









American Cereal's popular confection booth at the St. Louis World's Fair, 1904 (Anderson stands at far right)



### Loading grain









# Heating over gas flame









# Conventional, wide-spread design of "cannon"





### Improved design with teflon fitting







### Materials - Sampling

Type of samples	Origin	Quinoa	Maize	Rice	Wheat
Raw grains	Empresa El Altiplano SAC, Juliaca (San Román)	4	3	-	-
	Mercado Manco Capac, Juliaca (San Román)	-	2	2	2
Popped grains elaboratedEmpresa El Altiplano SAC, Juliacawith an artisanal batch(San Román)		1	1	1	-
expansor	Empresa INCA SUR, Cusco (Cusco)		-	-	-
Empresa TIC-PAC, Puno (Puno) Mercado local de Huancané (Huancané)		1	-	-	-
		1	1	1	1
	Mercado local de Ilave (El Collao)	1	1	1	1
	Mercado local de Juliaca (San Román)	-	1	1	1
	Mercado local de Melgar (Melgar)	1	1	1	1
	Mercado local de Puno (Puno)	-	1	1	1
	Mercado local de Yunguyo (Yunguyo)	1	1	1	1
Popped grains elaborated with a redesigned prototype	Empresa El Altiplano SAC, Juliaca (San Román)	4	2	2	2

#### CROPS FOR THE UTURE Lead content in raw and popped grain (mg/kg)

Type of samples	Origin	Quinoa	Maize	Rice	Wheat
Raw grains	Empresa El Altiplano SAC,	< 0.1			
	Juliaca (San Román)	< 0.1			
		< 0.1*			
		< 0.1*			
	Mercado Manco Capac, Juliaca		< 0.1	< 0.1	< 0.1
	(San Román)		< 0.1	< 0.1	< 0.1
Popped grains claborated with an artisanal batch type CADARARY.	Empresa El Altiplano SAC, Juliaca (San Román)	0.41		-	-
	Empresa INCA SUR, Cusco	0.31			-
	(Cusco)	0.85			
	Empresa TIC-PAC, Puno (Puno)	4.4	-		
	Mercado local de Huancané (Huancané)	4.9	6.3	3.9	4.5
	Mercado local de llave (El Collao)	4.6	4.5	4.5	4.6
	Mercado local de Juliaca (San Román)		1.3	1.0	2.3
	Mercado local de Melgar (Melgar)	< 0.1	3.2	2.9	1.1
	Mercado local de Puno (Puno)		1.7	7.3	1.1
	Mercado local de Yunguyo (Yunguyo)	5.4	1.4	7.5	3.3
Popped grains	Empresa El Altiplano SAC,	< 0.1	0.82	< 0.1	< 0.1
elaborated with	Juliaca (San Román)	0.2	0.14	< 0.1	0.35
a redesigned		< 0.1*			
prototype		< 0.1*			



Hypothetical lead intake expressed as multiples of Provisional Tolerated Weekly Intake (PTWI) as a function of body weight



#### Assumptions

- Average monthly consumption of popped grain: 1000g per capita
- Lead content in popped grain 3.3 ppm (mean found in this study)

#### PTWI (mg/kg body weight):

=0.010 (FAO-WHO 2010)

- =0.015 (Peru)
- =0.025 (FAO-WHO 2001)



## Conclusions

- Consumption of popped grains from informally operated cottage industries in Andean countries leads to lead intake far exceeding accepted limits
- Children are at particular risk
- Unawareness of processors and regulatory bodies
- Small isn't always beautiful!



# **Policy implications**

- Need for regulators to pay greater attention to food safety issues in informal sector
- Need to enhance awareness of consumers, producers and extension agents
- More emphasis in food technology research on low-cost and safe processing technology



# Thank you

### for your attention